

Office of Family Violence

801 E. Main Street, Richmond VA 23219

<http://www.dss.virginia.gov/community/dv/>

Special Topic- May is Mental Health Month

May is **Mental Health Month** and the theme is “*Mind Your Health.*”

According to Mental Health America, nearly 1-in-5 Americans over age 18 will experience a diagnosable mental health disorder in a given year, and nearly half (46.4%) will experience a mental health disorder in their lifetime.

The goal of Mental Health Month is to build public recognition about the importance of mental health to overall health and wellness; inform people of the ways that the mind and body interact with each other; and provide tips and tools for taking positive actions to protect mental health and promote whole health.

You can download a toolkit for individuals and organizations that features screening tools, factsheets, and media materials [here](#).

Fundraising

Just Gardens is pleased to host its 13th annual tour of the gardens to benefit **The Haven Shelter & Services**. Visit 5 gardens in Essex County in the Northern Neck.

Tickets are \$15 in advance and \$20 on the day of the tour. The tour will be held May 16 & 17 from 10AM to 4PM, rain or shine! For more information, call 804-333-1099 ext. 12.

Grant FAQ

What is the best way to handle benefits in my budget?

As you are working on your upcoming FY 2015 contract budget modifications, please be informed that benefits paid for any staff through this grant should *not exceed the approved percentage of time spent on the DVP grant*. For example, if your approved budget requests 73% reimbursement for an employee (percent of time allocated to this grant for that particular staff position), their benefits may not exceed 73% in any category--FICA, Workman's Compensation, Life Insurance, Health Insurance, etc. You may ask for an amount less than the 73%, but not more.



Funding Opportunities

[Fluor Foundation Grants](#)

Deadline: Open

Funding to support organizations that: provide food, such as food banks and meal services charities; shelter the homeless, abused and orphans; and offer prevention programs and emergency services during crises, such as food, shelter and counseling

[Singing for Change](#)

Deadline: Ongoing

Grants up to \$10,000 will be awarded to nonprofit organizations that address the roots of social or environmental problems.

Upcoming Training

May 9th 2-3:30

[Extended ACA Enrollment Period and Hardship Exemptions for Victims of Domestic Violence](#)

Did you know that there is a health care enrollment extension for victims of domestic violence until the end of May? This webinar will offer advocates information about the enrollment extension, as well as information about how survivors can access a “hardship” exemption to avoid paying penalties if they are not able to enroll this year.

Board Development- Generative Work

Two days after World Vision, a non-profit dedicated to fighting hunger, announced a new policy that allowed hiring of Christians in same-sex marriages, the backlash from some Christian leaders, donors, employees, and affiliates led to the board reversing its position. The U.S.-based World Vision CEO and board issued an apology for their mistake.

In an article in Nonprofit Quarterly, the author contends that the quick reversal indicates a need for the board to have done more generative work. “Generative work can be defined in a number of ways, but it includes engaging board members in framing the issues and asking catalytic and probing questions that provide insight into the organization’s purpose, mission, and core values.” Further, the reactive response of both the board and indicates a lack of understanding of the organization’s environment as well as a lack of conviction in its core values.

Some questions that may have helped avoid the crisis include: Should their organizational values represent the commonality of all Christians or specific sub-groups of Christians? How do you balance operating realities with current external and internal stakeholder expectations in an organization that is federated, global, and funded by a diverse mix of public, private, and faith-based donors? How do we value current brand perception and motivations for stakeholder engagement, while appreciating internal and external cultural shifts? Is the hiring or not hiring of LGBT critical to World Vision U.S. achieving its mission?

To read the entire article, click [here](#).

New Outcomes

The new outcomes will go into effect as of July 1, 2015. Most of the 2015 outcomes and measures will be taken directly from the DOW surveys. It is, therefore, vital that there be a sufficient number of clients surveyed. The revised DOW forms may be found [here](#). For additional information, go [here](#) and click on Module 5- Documenting Our Work.

Self-Care Corner- Social Capital

Our social connections are integral to our health and happiness, but connections come in many different forms. A lifelong friendship usually feels different than a casual acquaintance you make at a networking event or a friend you acquire on Facebook. Yet according to research, we need both weak ties and strong ties in order to build “social capital,” which researchers define as the web of relationships in our life and the tangible and intangible benefits we derive from them.

How much social capital do you have? Does your capital come from strong bonds to those closest and most obviously similar to you or from connections to people spanning different backgrounds and circumstances? And in our increasingly wired world, how do your online relationships compare to your offline ones? The following quiz will help you answer those questions. Click [here](#).

Upcoming Training

May 13th, 14th & 15th

[Sexual Violence Basic Advocacy Training-Richmond](#)

[Domestic Violence Basic Advocacy Training- Richmond](#)

[Crisis Intervention Basic Advocacy Training - Richmond](#)

For other Alliance trainings, go [here](#).

May 28th 1PM EST

[Successfully Investigating Sexual Assault Against Victims with Disabilities](#)

This webinar is from a law enforcement perspective; however, it is intended to be equally helpful for others whose work intersects with the criminal justice system, to ensure that people with disabilities who are victimized have equal access to information, programs, and services - and that they are treated with fairness, compassion, and respect.

May 28-30th

[Virginia Coalition for the Prevention of Elder Abuse](#)

A statewide conference focusing exclusively on the subject of adult abuse, neglect and exploitation and other elder related issues held each year at Virginia Beach.

May 30th

[Grant Funding and Financial Management](#)

This workshop will be designed for anyone who is developing grants and grants budget. It will be presented in lay person language so that you do not have to be an accountant to understand and learn how to more effectively develop a budget and manage financial tracking related to grants.